A wellness program from the NAD Healthcare Assistance Plan for employees of the Seventh-day Adventist Church. (For employers.)

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New Health Plans in 2018

The new 2018 health plans include a robust whole-person care program designed to support health plan members by:

- enhancing mind, body, and spirit,
- encouraging positive life choices,
- investing in employees and their families.

Adventist Risk Management (ARM) is implementing this redesign at the request of North American Division (NAD) employers.
Partnering with Adventist Health

The redesign of this important employee benefit is in line with our distinctive Seventh-day Adventist health message. ARM has partnered with Adventist Health, the church’s health system on the west coast, which is uniquely positioned to support the NAD because it:

• is culturally aligned with Seventh-day Adventist heritage and values,
• underwent a similar and highly successful redesign in 2013 of its health plans for more than 32,000 covered lives,
• has recently received multiple national workplace wellness awards,
• engages a dedicated, fully-integrated care coordination team with expertise benefiting NAD health plan members.

Redesign Goals

The new 2018 employee health plans aim to:

• create a healthier community of plan members who embrace the value of leading vibrant lives, and are actively empowered to manage their own whole-person health
• provide tools and resources to proactively inspire a healthier, more productive workforce within our ministries (i.e. absenteeism and reduced productivity due to poor health status)
• curtail escalating cost trends for healthcare coverage, which have been rising at levels NAD employers cannot sustain
• implement integrated wellness and care coordination to achieve the best return on investment (ROI)
• demonstrate to our communities that practically implementing major tenets of our health message into an employee benefit can create a road map to improve wellness
Features of the newly integrated wellness and care coordination program:

- are seamlessly built into the new NAD health plans
- demonstrate not only providing care for our employees but investing in them
- are modeled after industry-best practices that drive ROI and member satisfaction
- support engagement and accountability by actively partnering with our employees and their families to enhance their own health and well-being
- are constructed to improve our financial stewardship and the long-term viability of our health plans (i.e. current trends)

2018 Plan Options

Careful study and effort have been invested into the redesign of these new health plans.

Effective January 1, 2018, NAD employers are offering two plan choices which include new features and enhanced customer service:

- **Accelerate** Plan — (modeled after the Legacy Plan) offers industry-best practice benefits at the best value, in exchange for activity-based member engagement, including integrated wellness and care coordination in partnership with Adventist Health. This plan also adds lifestyle management programs such as CHIP, Full Plate and Weight Watchers.

- **Access** Plan — (modeled after the Standard Plan) provides quality, market-competitive benefits but no requirement for wellness participation from members.
These two new plans enable members to get the right care at the right time, in order to avoid preventable conditions as well as manage conditions that may already exist.

These plans are not designed to discriminate against the sick to deny them care. Quite the contrary — the new health plans are designed to extend preventive services and care coordination to those who are most in need.
Privacy Notice:

The NAD takes health plan confidentiality seriously. Health plan administrator ARM adheres to all privacy and HIPAA regulations. No personally-identifiable information will be shared with employers. Employers receive only aggregated data stripped of personally-identifiable information.

www.AscendToWholeness.org